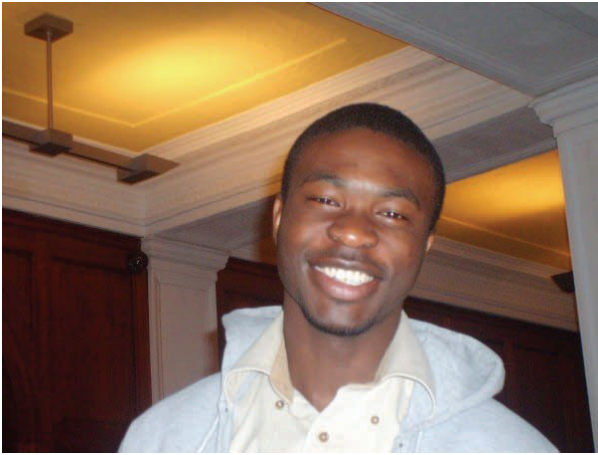


# ALUMNI SNAPSHOT

B-1



## Theophilus Ugheghe

- ~ Graduated Paul Lawrence Dunbar High School, 2002
- ~ Bachelor of Arts, Public Health Studies, Johns Hopkins University, 2006
- ~ Master of Health Science, John Hopkins University, 2007
- ~ 2nd year medical student, The University of Rochester School of Medicine and Dentistry, on track to graduate 2012

## their journey, their words

Anyone looking at my academic progression now might think that “this young man must be brilliant.” But you know what, I had ample help getting to this point in my career. In achieving my goals, I did hit some low points. But the most important thing is that at my critical junctures, there was help and I took advantage of it. Nine years ago, I was a confused young teen with no direction and lacked the maturity or drive to look beyond my success in high school. Then Building STEPS entered my life. The program provided the opportunities and direction that I needed through several seminars on different areas in science and technology and exposure to quite a variety of professional settings. It also provided me with the technology – my first computer and PDA – I needed to enhance my learning experience, not only in high school but in college. Even in college, Building STEPS was still there. I held on to the relationships that I built in the program. For example, Mrs. Hettleman has always been a source of much needed advice and encouragement and Mr. Weinberg was there for me as I was making my plans for graduate/professional degrees.

I have been able to accomplish a lot over the years but not without the help of a group that aided me in becoming aware of my career choices; not without a group that helped me develop a commitment to academic success; certainly not without a group that had a vested interest in my advancement; and, not without Building STEPS.

*The Alumni Snapshot* was designed by a Building STEPS' alumna, now a Towson graduate and is produced by Building STEPS.  
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